Food: What we eat?  Where does it come from?  How do we grow it?
FALL 2020 - 11:090:101:14
Fridays 12:30 PM to 3:30 PM – ONLINE VIA ZOOM - See link on Canvas site

Seminar Description:
This five-week seminar will discuss what we eat and the origin of foods and how we grow and prepare them. We will look at the two ends of the food supply, the one billion people who suffer from lack of calories and food insecurity and the one billion people who are now clinically obese and suffer from a series of non-communicable diseases.

Goals:
In this class we will talk about the history of food and how this history shaped our world and talk about how food is grown, shipped, and marketed. We will discuss personal choices and better eating.

Instructor:
Mark Gregory Robson, PhD MPH DrPH
Foran 186 on the Cook Campus My cell phone is 609-752-4009
My email is mark.robson@rutgers.edu
Office hours by appointment and after class on Fridays

Class times and dates:
Friday October 9
Friday October 16
Friday October 23
Friday October 30
Friday November 6

Topics:
Week 1: Introduction to the class and to each other. Let us begin!
Week 2: Ancient farming, where did it start? What do people eat?
Week 3: Asia, India, Middle East. Wine, Beer and Chocolate.
Week 5: Student Presentations
**Materials:**
Assigned readings on the CANVAS site for our class at: [https://rutgers.instructure.com/courses/71014](https://rutgers.instructure.com/courses/71014)

**Absence Policy:**
Students are expected to attend all classes; if you expect to miss a class, please use the University absence reporting website [https://sims.rutgers.edu/ssra/](https://sims.rutgers.edu/ssra/) to indicate the date and reason for your absence. An email is automatically sent to me.

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